

Behavioral Health



Caring for the whole patient

HOW YOU CAN MAKE A DIFFERENCE

One in five people has a mental health condition. You can be the one who helps.

Adults, adolescents and children across Wisconsin struggle with behavioral health conditions, particularly in rural areas. Marshfield Clinic Health System is committed to addressing the critical need for behavioral health services across central and northern Wisconsin and beyond.

Through an integrated approach, including physicians and nurses, psychiatry and psychology experts, researchers and support staff, MCHS is delivering behavioral services to the communities we serve.

Support from people like you is needed to fund these vital services, from community health conferences to mental health navigators, suicide prevention training, psychiatry residency programs and so much more.

By supporting behavioral health at MCHS, you can provide mental and emotional support for overall physical well-being in your community.



Each year, donor support funds community behavioral health conferences. In 2016, following a Question, Persuade, Refer (QPR) suicide prevention presentation, one of the attendees received a call from a friend who's son was exhibiting signs of depression. The woman who attended the training shared what she had learned and it helped her friend formulate a plan for her son. Another life saved!



Important behavioral health programs at MCHS rely on the generosity of people like you to continue to serve patients and their families.

- **Suicide prevention training** - Over 1,000 individuals have been trained to engage with individuals at risk for suicide in their communities.
- **YouthNet programs** - Social and emotional after-school learning and therapeutic spaces for children.
- **Behavioral health community conferences** - An annual conference highlighting relevant social and emotional topics in Wisconsin communities. In 2018, the conference focuses on sexual orientation and gender identity issues in teens.
- **Research studies** - Marshfield Clinic Research Institute is conducting research on behavioral health risks and preventive care for teens, farmers and other at-risk populations.
- **Local behavioral health programs** - Programs through local clubs, parent groups and schools, including the Sources of Strength program at Marshfield High School.
- **Inpatient psychiatry unit** - A new inpatient psychiatry unit in Marshfield Medical Center will offer complete care for patients without having to transport them out of the hospital setting.
- **Everyday mindfulness community events** - These events train mindfulness techniques for community members, bringing awareness and focus to their own health and well-being.
- **Mental health navigator** - Adding a mental health navigator to the care team will help patients understand their diagnosis and empower them to overall healing.
- **Integrated Pediatric Behavioral Health** - Same-day brief psychological interventions in coordination with medical visits and problem-focused follow up sessions provided to children and adolescents within the familiar setting of their pediatrician's office. Annual social emotional screenings are administered to all children and adolescents to help identify those in need of behavioral health services.

**Add your support
to behavioral health for
complete health and wellness
in the communities we serve.**

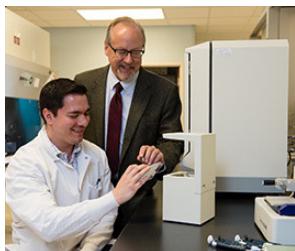


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Together we enrich lives.

Marshfield Clinic Health System Foundation enriches lives by shaping the future of patient care, research and education at Marshfield Clinic Health System through philanthropy. Since the 1970s, over \$100 million in philanthropic support has been given to benefit Marshfield Clinic. Philanthropy at Marshfield Clinic Health System provides an opportunity for grateful patients to thank their care team, helps ensure our research and education programs remain strong and gives our providers the important resources they need to care for their patients.



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