

# 2023 Marshfield Clinic Health System Psychiatry & Behavioral Health Conference

Supporting the Mental Health of Transgender and Gender  
Diverse Youth Through Therapy and Assessment

Featuring international expert and  
clinical psychologist

**Laura Edwards-Leeper, PhD**

**Thursday, April 27, 2023**

**Friday, April 28, 2023**

**8:00 am – 4:00 pm**

Including a  
special community presentation on

**Thursday, April 27, 2023**

**6:30 pm – 8:00 pm**



This 2-day training will provide in-depth information on how to work with transgender and gender diverse (TGD) youth in a balanced, affirming-exploratory manner. The focus will be on mental health therapy and assessment.



**Marshfield Clinic  
Health System**



### **Conference Description**

This 2-day training will provide in-depth information on how to work with transgender and gender diverse (TGD) youth in a balanced, affirming-exploratory manner. The focus will be on mental health therapy and assessment.

The first day will provide a brief history of the field, overview of the evolving terminology, and recommendations for working with this patient population in the context of mental health therapy. The second day will focus on the important topics that should be addressed when assessing gender dysphoric youth seeking medical interventions.

Both days will cover the current challenges in the field and how to address the complexities that often present when working with this population. Time will also be spent discussing how this information may sometimes apply to older adolescent (emerging adult) clients.

The information provided will be consistent with the World Professional Association's Standards of Care – Version 8, but the focus will go beyond what is available in the WPATH document. Consistent with the rapidly changing landscape in the Trans health field and among gender diverse youth, the information will be up-to-date to ensure that it is as relevant as possible to providers' current work with this population. There will be time for questions as well.

Upon conclusion of this activity, participants will be able to:

1. Discuss current challenges of transgender and gender diverse youth, including common mental health struggles.
2. Review information related to providing psychotherapy for youth struggling with gender dysphoria.
3. Recall the knowledge necessary to complete gender assessments for youth seeking medical interventions.
4. Describe the current controversies and challenges in the field of pediatric transgender care.

### **Conference Schedule**

8:00 am	Registration and Continental Breakfast
8:30 am	Welcome and Introductions
10:00 am	Break
11:45 am	Lunch
2:00 pm	Break
4:00 pm	Activity Concludes

\*In addition, there will be a presentation given by Dr. Velasco and Dr. Hirsch discussing the use of puberty blockers (GnRH analog) as part of gender affirming medical treatment.

### **Presenter**

Laura Edwards-Leeper, PhD, is a Professor Emerita in the School of Graduate Psychology at Pacific University in Oregon. She currently engages in full-time clinical work in her private practice, is actively engaged in research endeavors, having authored numerous book chapters and peer-reviewed journal articles, facilitates trainings and provides consultation to health care providers, and actively advocates for gender diverse/transgender young people. Previously, she worked at Seattle Children's Hospital and Boston Children's Hospital/Harvard Medical School. She was the founding psychologist for the Gender Management Service (GeMS) at Boston Children's Hospital where she developed the psychological assessment protocol for transgender adolescents seeking medical interventions. Dr. Edwards-Leeper was trained by the renowned Dr. Peggy Cohen-Kettenis in the Dutch clinic.

Dr. Edwards-Leeper has been interviewed by various media outlets, including The New York Times, 60 Minutes, and The Washington Post. She has been a member of several national and international committees focused on working with transgender youth, including the American Psychological Association Task Force that developed practice guidelines for working with transgender individuals, the SAMHSA committee that helped develop a consensus statement regarding the danger in using conversion therapy with LGBT youth, and was the chair of the World Professional Association for Transgender Health's (WPATH) Child/Adolescent Committee. She was also selected to be on both the child and



adolescent WPATH committees that revised the Standards of Care (Version 8, released in September 2022). She has been identified as an international expert in this area.

### **Target Audience**

This activity is intended for physicians, psychologists, psychiatrists, residents, nurse practitioners, physician assistants, registered nurses, school psychologists, guidance counselors, social workers and other health care professionals.

### **Location**

The conference will be held using a hybrid model, live in-person and virtual options are available.

*\*In person attendance highly desired and encouraged! Limited seating available and subject to change any time. Masks required.*

Live: Marshfield Clinic Health System, Robert F. Froehle Auditorium, Melvin R. Laird Building, 1000 North Oak Avenue, Marshfield, WI

Virtual: WebEx (link to be provided to registered participants only)

MCHS reserves the right to switch the conference to a virtual only format if necessary, participants will be notified of any changes or updates.

### **Accreditation Statement**

Marshfield Clinic Health System, Inc. is accredited by the Wisconsin Medical Society to provide continuing medical education for physicians.

### **Designation of Credit Statement**

Marshfield Clinic Health System, Inc. (MCHS) designates this live activity for a maximum of 7.0 *AMA PRA Category 1 Credits*<sup>™</sup> on Thursday, April 27, 2023 and for a maximum of 7.0 *AMA PRA Category 1 Credits*<sup>™</sup> on Friday, April 28, 2023. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **Contact Hour Statement for Allied Health Professionals**



Marshfield Clinic Health System, Inc. (MCHS) is approved as a provider of continuing health education by the Wisconsin Society for Healthcare Education and Training (WISHET). MCHS designates this activity for up to 7.0 contact hours (0.7 CEUs) of continuing education on Thursday, April 27, 2023 and up to 7.0 contact hours (0.7 CEUs) of continuing education on Friday, April 28, 2023 for allied health professionals.

### **MCHS Planning Committee**

Alison Jones, MD, MS, Psychiatry, Service Line Medical Director, Behavioral Health

Stephanie Kohlbeck, PhD, Psychology, Behavioral Health

Justin Schoen, MD, Psychiatry, Behavioral Health

Sandra Bump, Director, Behavioral Health

Trista Barlow, NP, Behavioral Health

Nicole Gauger, RN, Patient Navigator, Behavioral Health

Bobbie Knecht, CME Specialist Team Lead, Division of Education

Southern Coffren, CME Specialist, Division of Education

### **Faculty Disclosure**

In accordance with the Standards of the Wisconsin Medical Society, all those who are in a position to affect content of this CME activity (including activity directors, planning committee, speakers, and CME staff) are required to disclose financial relationships with any ineligible company related to the subject matter of this activity. Such disclosures will be made available on the day of the activity so participants may formulate their own judgments regarding the presentation.

As a provider of CME credit, it is MCHS's responsibility to ensure that its credited activities provide information, findings, and recommendations to its audiences that are based on accepted and sound scientific principles (evidence-based medicine). In addition, MCHS has safeguards in place to identify and eliminate any commercial bias from CME activities.



**Disclosure of Commercial Support**

At the time of planning, no activity funding has been secured. Any activity funding through educational grants will be disclosed at the conference.

**Sponsored by**

This conference is possible thanks to generous supporters of Mike’s Run, a 10, 5 and 2-mile walk, promoting mental health awareness. The 2023 Mike’s Run will be held on Saturday, June 24, 2023.



**Community Presentation**

Laura Edwards-Leeper, PhD, International Expert and Clinical Psychologist, will be presenting "*Understanding & Supporting Gender Diverse Youth*" at a live virtual educational activity open to the community on Thursday, April 27, 2023 from 6:30 p.m. – 8:00 p.m. CST.

The landscape around gender identity is rapidly shifting among today’s youth. Young people are becoming more diverse in their expression of gender and more open to exploring various aspects of their identities. Meanwhile, the health care field is quickly evolving in an effort to best meet the needs of this population. It can be difficult for parents and others who care for gender diverse youth to keep up with how to best support their loved one.

This presentation will offer an overview of the evolving terminology in the field, current health care recommendations for gender diverse youth, and suggestions for providing support to the gender diverse young people in our lives. Please join us in an evening aimed to broaden understanding of this courageous, yet vulnerable, population of today’s youth.

There is no cost to attend the Community Event, pre-registration is required. To register, please click on the following link <https://www.surveymonkey.com/r/N6C53VS> or call 800-315-6899 and leave your name, phone number, and email address. The registration deadline is April 20, 2023.

**Handouts**

In an effort to be more environmentally friendly, the conference handouts will be emailed to registered participants in a PDF format prior to the conference.

**Registration**

Advanced registration is required. You will receive confirmation within two (2) weeks of registering.

**PHYSICIANS**

\$100  
After April 13: \$125

**ALLIED HEALTH & OTHER PROFESSIONALS**

\$50  
After April 13: \$75

***Awaiting Approval to Attend?***

If your registration is dependent upon approval from your agency, please do not hesitate to register now. You may cancel your registration without penalty until April 13, 2023.

***Cancellation Policy***

For cancellations received between April 14, 2023 and April 21, 2023, your registration fee less a \$25 administrative fee will be given. No refunds will be given after April 21, 2023.

MCHS reserves the right to cancel the conference for any reason. Registration fees will be refunded in full for these types of cancellations.



Marshfield Clinic  
Health System

***How to Register***

Online: <https://www.surveymonkey.com/r/FSBNDMX>

Or, return your completed registration form via:

Email: [esser.tanya@marshfieldclinic.org](mailto:esser.tanya@marshfieldclinic.org)

Fax: 715-389-3770

**Further Information**

Requests for further information should be directed to Tanya Esser, Training Assistant Senior, Marshfield Clinic Health System, CME at [esser.tanya@marshfieldclinic.org](mailto:esser.tanya@marshfieldclinic.org), 715-389-3776.



## 2023 MCHS Psychiatry & Behavioral Health Conference

Thursday, April 27, 2023 and Friday, April 28, 2023

Live: Marshfield Clinic Health System, Robert F. Froehlke Auditorium, Laird Building, 1000 N. Oak Ave., Marshfield, WI

Virtual: WebEx (link to be provided to registered participants only)

Name: \_\_\_\_\_ Degree: \_\_\_\_\_  
(Please print)

Organization name: \_\_\_\_\_

Mailing address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Dietary Restrictions: \_\_\_\_\_

### Registration Fees

Advanced registration is required. The registration fee includes continuing education credits, snacks and lunch for in-person attendees, and all electronic course materials. You will receive confirmation within two (2) weeks of registering.

#### PHYSICIANS

\$100  
After April 13: \$125

#### ALLIED HEALTH & OTHER PROFESSIONALS

\$50  
After April 13: \$75

### Attending (Please select one):

Live/In-Person  Virtual

*\*In person attendance highly desired and encouraged! Limited seating available and subject to change any time. Masks required.*

### Community Presentation:

Will you be attending the free community event on Thursday, April 27, 2023?  Yes  No

Please circle payment type:

MasterCard®    Visa®    American Express®    Discover®    Check (Make check(s) payable to: Marshfield Clinic Health System)

If you are paying by Visa®, MasterCard®, American Express®, or Discover®, please print below the name as it appears on the card and include account number and expiration date.

Print Name: \_\_\_\_\_ Account #: \_\_\_\_\_

Signature : \_\_\_\_\_ Expiration Date: \_\_\_\_\_

### Return completed form and payment to:

MCHS, Conference Registration – GR  
1000 North Oak Avenue  
Marshfield, WI 54449-5777  
Phone: 715-389-3776  
Fax: 715-389-3770